



Digestive Complete

Comprehensive Enzyme Complex
to Support Digestive Function*

Digestive Complete Supplementation

Digestive Complete is a nutritional supplement that helps support healthy digestion and absorption of nutrients.* Enzymes help break down proteins, carbohydrates, and lipids in the digestive system.*¹

The ingredients in Digestive Complete are dosed in a manner that is congruous with what research suggests to be effective and safe, particularly for supporting healthy digestive function and absorption of nutrients.*

Clinical evidence and research cited herein show that the ingredients in Digestive Complete may:

- Promote healthy digestive function*
- Promote effective absorption of nutrients*
- Promote healthy digestion of macromolecules*

How Digestive Complete Works

The digestive enzymes such as protease, amylase, lipase, and pepsin found in Digestive Complete break down larger molecules into easily absorbed nutrient particles. Each nutrient category requires its own specific enzyme to break down and properly digest, so a broad-spectrum supplement is preferred for optimal healthy digestion.*²

The protease and pepsin enzymes in Digestive Complete support the efficient digestion of proteins vital for metabolism, energy, and overall health.*³ The amylase enzyme promotes the breakdown of carbohydrates, and the lipase enzyme supports the proper digestion of lipids.*⁴ The nutrients needed to support health and well-being are dependent upon the proper breakdown and digestion of these enzymes.*

Digestive Complete includes numerous complementary ingredients to further support healthy digestive function.* Betaine enhances digestive enzymes by improving intestinal microbiota and digestion.*^{5, 6} Ox bile promotes intestinal absorption of healthy lipids.*^{7, 8} Taurine promotes healthy energy metabolism.*⁹ Gentian root, dandelion root, and fennel seed further support healthy digestion.*^{10, 11, 12}



Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30/90

	Amount Per Serving	%DV
Enzyme Blend (porcine):		
Protease	35,000 USP	*
Amylase	35,000 USP	*
Lipase	7,000 USP	*
Pepsin (1:10,000)	80 mg	*
Betaine HCl	600 mg	*
Ox Bile	350 mg	*
L-Taurine	100 mg	*
Gentian Extract	100 mg	*
(root; <i>Gentiana scabra</i>)		
Dandelion Extract	50 mg	*
(root; <i>Taraxacum officinale</i>)		
Fennel Powder	50 mg	*
(seed; <i>Foeniculum vulgare</i>)		

Other Ingredients: Gelatin (capsule), microcrystalline cellulose, silicon dioxide, vegetable magnesium stearate.

Directions: Take two capsules with each meal or as directed by your healthcare practitioner.

Caution: Do not use if you have a prior history of or a current peptic or duodenal ulcer. If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

References:

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• These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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